

Minnesota Voyageur Trail Ultra
Saturday, July 25, 2015
Aid Station Directions

Skyline

- **From Duluth, take the I-35 south.**
- Take exit #249 for Boundary Ave., and take a left across the overpass.

- **From the south, via I-35.**
- Take exit #249 for Boundary Ave., and take a right at the top of the exit.

- **Then...**
- Follow the frontage road (which is actually Skyline Parkway) around to the 3-way stop.
- Take a left, heading toward Spirit Mountain area. This will also be Skyline Parkway.
- Go past Spirit Mt. and continue on Skyline Parkway.
- Continue until you reach the Skyline aid station at the parking lot for Magney-Snively Park, which is a couple miles down the road.

Becks Road

- **From Duluth, take I-35 south.**
- Take exit #246 for Midway Rd., and take a left.

- **From the south, via I-35.**
- Take exit #246 for Midway Rd., and take a right.

- **Then...**
- A half mile down the road, Midway Rd. turns into Becks Rd. Just keep going straight.
- Another half mile down the road you will see a trail entrance on the right side. This is the Becks Rd. Aid Station. If you see Skyline Parkway on the left, you've gone too far.

Fond du Lac

- **From Duluth, take I-35 south.**
- Take exit #251B for Grand Ave. / Hwy 23 in West Duluth (left exit on the freeway, just past Central Ave.).
- Grand Ave. / Hwy 23 eventually becomes Commonwealth Ave.

- **From the south, via I-35.**
- Take exit #246 for Midway Rd., and take a right.
- Follow Midway Rd., it eventually becomes Becks Rd., continuing straight until it hits a T-intersection with Commonwealth Ave., turn right.

- **Then...**
- Follow Commonwealth Ave. / Hwy 23 through Gary / New Duluth, and into Fond du Lac.
- Turn right on 131st St.
- Go to end of 131st St., through park gate and follow the narrow dirt road to the Fond du Lac aid station.

Seven Bridges

- **From Duluth, take I-35 south.**
- Take exit #246 for Midway Rd., and take a left.

- **From the south, via I-35.**
- Take exit #246 for Midway Rd., and take a right.

- **Then...**
- A half mile down the road, Midway Rd. turns into Becks Rd. Just keep going straight.
- Another half mile down the road you will see a trail entrance on the right side. This is the Becks Rd. Aid Station. If you see Skyline Parkway on the left, you've gone too far.
- Walk in past the Becks Rd. aid station and down the old dirt road to the second bridge.
- The Seven Bridges aid station is located below the second bridge on the Munger Bike Trail.

Grand Portage

NOTE: Access to the Grand Portage aid station is limited to volunteers and race staff only! There is no crew or spectator access to Grand Portage this year.

- **From Duluth, take I-35 south.**
- Take exit #251B for Grand Ave. / Hwy 23 in West Duluth (left exit on the freeway, just past Central Ave.).
- Grand Ave. / Hwy 23 eventually becomes Commonwealth Ave.

- **From the south, via I-35.**
- Take exit #246 for Midway Rd., and take a right.
- Follow Midway Rd., it eventually becomes Becks Rd., continuing straight until it hits a T-intersection with Commonwealth Ave., turn right.

- **Then...**
- Follow Commonwealth Ave. / Hwy 23 through Gary / New Duluth, and into Fond du Lac.
- Just before leaving Fond du Lac, take Hwy 210 on the right and head up the hill. The road will be marked as limited access. However, we have permission to use it to get to the aid station.
- Continue up Hwy 210 to the Grand Portage trailhead area. You may need to stop and move some traffic cones near some cement barriers just past the Minnesota Power road.
- Continue on about another mile. The Grand Portage aid station is set up near the large Jay Cooke State Park sign (watch for it on the right hand side).
- As there is no through traffic, the aid station can be set up on the road.

Peterson's

- **From Duluth, take I-35 south.**
- Take exit #245 for Esko (Hwy 61). Turn right.
- Follow Hwy 61 about 2 miles watching for Jay Cooke Rd. on the left.
- Turn left on Jay Cooke Rd.

- **From the south, via I-35.**
- Take exit #242 for Esko / Thomson (Co. Rd. 1). Turn right.
- Follow Co. Rd. 1, watching for Nynas Rd. on the left just past gas station.
- Take a left on Nynas Rd.
- In about a mile, at stop sign, turn right on Jay Cooke Rd.

- **Then...**
- In about a mile or so Jay Cooke Rd. will veer right. Turn left on gravel road off left side of the curve, E. Palkie Rd.
- Park in gravel / dirt lot a short ways down the road on right.
- Hike across paved Munger Trail and into Oak Trail via right fork.
- Watch for signed trail heading left into Peterson's aid station in center section of woods.

Forbay

- **From Duluth, take I-35 south.**
- Take exit #245 for Esko (Hwy 61). Turn right.
- Follow Hwy 61 about 2 miles watching for Jay Cooke Rd. on the left.
- Turn left on Jay Cooke Rd.
- In about 2 miles Jay Cooke Rd. will veer right, becoming E. Palkie Rd. Start watching...
- Shortly thereafter, turn left on dirt / gravel Jay Cooke Rd.

- **From the south, via I-35.**
- Take exit #242 for Esko / Thomson (Co. Rd. 1). Turn right.
- Follow Co. Rd. 1, watching for E. Palkie Rd. on the left in a couple of miles.
- Take a left on E. Palkie Rd.
- In another couple of miles, turn right on dirt / gravel Jay Cooke Rd.

- **Then...**
- Follow Jay Cooke Rd. around to the Forbay aid station across from the dam.

Jay Cooke

- **From Duluth, take I-35 south.**
- Take exit #242 for Esko / Thomson (Co. Rd. 1). Turn left.
- Follow Co. Rd. 1 down through Thomson, until it hits a T-intersection with Hwy 210.
- Turn left and head into Jay Cooke State Park.

- **From the south, via I-35.**
- Take exit #235 for MN-210 toward Cromwell/Carlton.
- Turn right at MN-210 E/State Hwy 61 and continue to follow MN-210 E 2.4 miles into Carlton.
- Continue straight through Carlton on Hwy 210.
- In Thomson, the road will veer right, follow this into Jay Cooke State Park.

- **Then...**
- Follow Hwy 210 to the Park Headquarters / Ranger Station.
- The Jay Cooke aid station is behind the headquarters buildings over near the river.

Start / Finish Line

- **From Duluth, take I-35 south.**
- Take exit #239 for MN Hwy 45 / Scanlon and take a left.
- Continue to downtown Carlton.
- Take a left on Walnut Ave., which leads to the high school.

- **From the south, via I-35.**
- Take exit #235 for MN-210 toward Cromwell/Carlton.
- Turn right on MN-210 and continue 2+ miles into Carlton.
- Take a right on Walnut Ave., which leads to the high school.

Note: The race ends on 4th St., which forms a T-intersection with Walnut. If you are coming to the finish line, please be aware of runners coming down 4th St.!